

KAREN P. KOCHER, PH.D.

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Academic Appointments

Assistant Professor of Psychology University of Richmond Department of Psychology	Present
MacEldin Dunn Trawick Postdoctoral Fellow University of Richmond Department of Psychology	August 2012 – May 2014
Assistant Research Professor Arizona State University School of Social and Family Dynamics	July 2009 – May 2012

Education

Doctor of Philosophy in Family and Human Development Arizona State University School of Social and Family Dynamics Concentration: Quantitative Psychology Dissertation: Adverse Peer Relations and Depressive Symptoms in Preadolescence Chair: Dr. Gary W. Ladd	May 2009
Master of Science in Family and Human Development Arizona State University School of Social and Family Dynamics Thesis: Prospective Relations between Peer Victimization, Peer Rejection, and Internalizing Symptoms in Early Adolescence Chair: Dr. Gary W. Ladd	May 2007
Bachelor of Arts, Cum Laude with Departmental Honors in Psychology University of Richmond Westhampton College Minors: Leadership; Rhetoric and Communication Studies Thesis: Perceived Self-Competence and Peer Relations among Gifted Adolescents Chair: Dr. Catherine L. Bagwell	May 2003

Awards, Grants, & Fellowships

Inclusive Pedagogy Cohort University of Richmond Office of the Provost	2018 – 2019
Outstanding Faculty Award University of Richmond Psi Chi Psychology Honors Society	2016
Faculty Research Summer Fellowship Recipient University of Richmond School of Arts & Sciences	2016, 2018

Mentor, Dickinson Award (Student: Dana Rafferty) University of Richmond Department of Psychology	2017 – 2018
Mentor, Research Fellowship (Student: Dana Rafferty) University of Richmond Jepson School of Leadership Studies	Summer 2016
Faculty Appreciation Award University of Richmond Omicron Delta Kappa	2015
Outstanding Mentor Award Nominee University of Richmond School of Arts and Sciences	2014
Mobile Device (iPad) Initiative Teaching Grant University of Richmond	2013
NRSA Predoctoral Fellowship in Prevention Research Arizona State University	2008 – 2009
Interdisciplinary Summer Support Fellowship Arizona State University School of Social and Family Dynamics	2008
Preparing Future Faculty (PFF) Exploratory Phase Graduate Arizona State University	2007
Graduate Student Engagement Award Arizona State University School of Social and Family Dynamics	2007

Publications

- Kochel, K.P.**, & Bagwell, C.L. (2017). Applying symptoms-driven models of depression to the investigation of peer relationship adversity: Mediating and moderating mechanisms. [Special Issue Foreward]. *Journal of Applied Developmental Psychology*. Advance online publication. <https://doi.org/10.1016/j.appdev.2017.05.005>
- Kochel, K.P.**, Bagwell, C.L., Ladd, G.W., & Rudolph, K.D. (2017). Do positive peer relations mitigate transactions between depressive symptoms and peer victimization in adolescence? *Journal of Applied Developmental Psychology*, *51*, 44-54. <https://doi.org/10.1016/j.appdev.2017.04.003>
- Miller, C. F., **Kochel, K. P.**, Wheeler, L. A., Updegraff, K. A., Fabes, R. A., Martin, C. L., & Hanish, L. D. (2017). The efficacy of a relationship building intervention in 5th grade. *Journal of School Psychology*, *61*, 75-88. <https://doi.org/10.1016/j.jsp.2017.01.002>
- DeLay, D., Zhang, L., Hanish, L. D., Miller, C., Fabes, R. A., Martin, C. L., **Kochel, K. P.**, & Updegraff, K. (2016). Peer influence on academic performance: A social network analysis of social-emotional intervention effects. *Prevention Science*, *17*(8), 903-913. doi:10.1007/s11121-016-0678-8

Kochel, K.P., Ladd, G.W., Bagwell, C.L., & Yabko, B.A. (2015). Bully/victim profiles' differential risk for worsening peer acceptance: The role of friendship. *Journal of Applied Developmental Psychology*, 41, 38-45. doi: 10.1016/j.appdev.2015.05.002

Bagwell, C.L., **Kochel, K.P.,** & Schmidt, M.E. (2015). Friendship and happiness among adolescents. In M. Demir (Ed.), *Friendship and Happiness* (pp. 99-116). Netherlands: Springer.

Kochel, K.P., Ladd, G.W., & Rudolph, K.D. (2012). Longitudinal associations among youth depressive symptoms, peer victimization, and low peer acceptance: An interpersonal process perspective. *Child Development*, 83(2), 637-650. doi: 10.1111/j.1467-8624.2011.01722.x

Kochel, K.P., Miller, C.F., Updegraff, K.A., Ladd, G.W., & Kochenderfer-Ladd, B.J. (2012). Associations between fifth graders' gender atypical problem behavior and peer relationships: A short-term longitudinal study. *Journal of Youth and Adolescence*, 41(8), 1022-1034. doi: 10.1007/s10964-011-9733-8

Ladd, G.W., Kochenderfer-Ladd, B.J., Eggum, N.D., **Kochel, K.P.,** & McConnell, E.M. (2011). Characterizing and comparing the friendships of anxious solitary and unsociable preadolescents. *Child Development*, 82(5), 1434-1453. doi: 10.1111/j.1467-8624.2011.01632.x

Kochenderfer-Ladd, B.J., Ladd, G. W., & **Kochel, K. P.** (2009). A child and environment framework for studying risk for peer victimization. In M.J. Harris (Ed.), *Bullying, rejection, and peer victimization: A social cognitive neuroscience perspective* (pp. 27-52). New York, NY: Springer Publishing.

Ladd, G.W., Herald-Brown, S.L., & **Kochel, K.P.** (2009). Peers and motivation. In K. Wentzel & A. Wigfield (Eds.), *Handbook on motivation at school* (pp. 323-348). New York, NY: Routledge/Taylor & Francis Group.

Ladd, G.W., Herald, S.L., & **Kochel, K.P.** (2006). School readiness: Are there social prerequisites? *Journal of Early Education and Development*, 17(1), 115-150. doi: 10.1207/s15566935eed1701_6

Manuscripts Under Review or In Preparation

Kochel, K.P., & Maki, M.* (2018). *Investigating pathways from children's depressive symptoms to peer relationships: The role of teacher support*. Manuscript submitted for publication.

Kochel, K.P., & Rafferty, D.* (2018). *Transactions between children's depressive symptoms and peer relationship difficulties: The role of social helplessness*. Manuscript in preparation.

Conference Presentations

Kochel, K.P., & Rafferty, D.* (2018, July). Transactions between children's depressive symptoms and peer relationship difficulties: The role of social helplessness. In *Interpersonal relationships, health, and well-being*. Paper presented at the International Association for Relationships Research Conference, Fort Collins, Colorado.

*Student co-author

Kochel, K.P., Bagwell, C.L., Ladd, G.W., & Rudolph, K.D. (2018, April). Do the social-behavioral deficits of depressed adolescents interfere with friendships? In R. Schwartz-Mette (Chair), *New directions in the study of friendships and emotional adjustment: New measures, new constructs and a fresh look at our theories*. Paper presented at the meeting for the Society for Research in Adolescence, Minneapolis, Minnesota.

Kochel, K.P., & Sweezy, S.* (2018, April). *Self versus teacher perceptions of social competence among sociometric and perceived popular preadolescents*. Poster presented at the meeting for the Society for Research in Adolescence, Minneapolis, Minnesota.

Bromich, B., Miller, C.F., **Kochel, K.P.**, & Updegraff, K. (2018, April). *Gender-based peer relationship beliefs: Comparing students who do versus do not nominate other-gender classmates as friends*. Poster presented at the meeting for the Society for Research in Adolescence, Minneapolis, Minnesota.

Kochel, K.P., Bagwell, C.L., Ladd, G.W., & Rudolph, K.D. (2017, April). Depressive symptoms, self-worth, and peer victimization from 9th to 12th grade: Investigating a symptoms-driven mediation model by gender. In **K.P. Kochel** & C.L. Bagwell (Co-chairs), *Applying Symptoms-Driven Models of Depression to the Study of Peer Relationship Adversity*. Symposium presented at the meeting for the Society for Research in Child Development, Austin, TX.

Rafferty, D.*, & **Kochel, K.P.** (2017, April). *Differential pathways from children's depressive symptoms to peer relationship problems across a school year: The role of self-worth and social helplessness*. Poster presented at the Society for Research in Child Development, Austin, TX.

Kochel, K. P., & Bagwell, C.L. (2016, July). Mutual friendship as a moderator of associations between depressive symptoms and peer victimization in early and late adolescence. In C.L. Bagwell (Chair), *Associations among relationship problems and internalizing problems in adolescence and early adulthood: The role of friendship*. Paper presented at the International Association for Relationship Research, Toronto, ON.

Bagwell, C.L., **Kochel, K.P.**, McHugh, K.*, Salzman, S.*, Silverman, M.*, Rojas, R.*, Wolf, E.*, Gleckel, E.*, Horoz, N.*, Rodowsky, E.*, & Rosenweg, R.* (2016, April). Are depression and happiness associated with friendship quality in emerging adulthood? A dyadic approach. In R. Schwartz-Mette (Chair), *Impacts of positive and negative emotional adjustment on friendship experiences: Moderators and mediators*. Paper presented at the Society for Research in Adolescence, Baltimore, MD.

Kochel, K.P., Bagwell, C.L., McHugh, K.*, Salzman, S.*, Silverman, M.*, Rojas, R.*, & Wolf, E.* (2015, March). *Corumination, friendship quality, and depression: Dyadic patterns of influence among emerging adult friendship dyads*. Poster presented at the Society for Research in Child Development, Philadelphia, PA.

Bagwell, C.L., Schmidt, M., & **Kochel, K.P.** (2015, March). *Associations among prosocial behavior, depression symptoms, and relational victimization over a school year*. Poster presented at the Society for Research in Child Development, Philadelphia, PA.

*Student co-author

- Miller, C. F., **Kochel, K. P.**, Wheeler, L. A., Updegraff, K. A., Fabes, R. A., Martin, C. L., & Hanish, L. D. (2015, March). Promoting positive peer relationships and school success in elementary school: Efficacy of the Sanford Harmony Program. In D. DeLay & W.M. Bukowski (Co-chairs), *When interventions alter peer relationship dynamics: The positive impact on child and adolescent adjustment*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.
- DeLay, D., Miller, C.F., Zhang, L., Hanish, L.D., Martin, C.L., Fabes, R., **Kochel, K.P.**, & Updegraff, K.A. (2015, March). The effect of classroom context on peer relationship dynamics: When can we expect peer influence on achievement? In R. Veenstra & A. Ryan (Co-Chairs), *Peer processes and school adjustment: Examining classroom variations and contextual factors*. Paper presented at the Society for Research in Child Development, Philadelphia, PA.
- Kochel, K.P.**, & Ladd, G.W. (2014, March). *Moderators of peer relationship risk among empirically-derived bully/victim subtypes: A short-term longitudinal study*. Poster presented at the Society for Research on Adolescence, Austin, TX.
- Henry, L.M.*, Eugenio, M.*, Blevins, E.*, **Kochel, K.P.**, Bagwell, C.L., & Newcomb, A.F. (2013, October). *Emerging adults' psychological symptom profiles: Differential associations with peer victimization and gender typicality*. Poster presented at the 6th Conference on Emerging Adulthood, Chicago, IL.
- Kochel, K.P.**, Bagwell, C.L., Ladd, G.W., & Kochenderfer Ladd, B.J. (2013, September). Depressive symptoms and gender as risk factors in the development of adolescents' peer victimization trajectories. In S. Perren (Chair), *Peer victimization and internalizing problems: Longitudinal associations and moderating effects*. Paper presented at the European Conference on Developmental Psychology, Lausanne, Switzerland.
- Kochel, K.P.**, Bagwell, C.L., Ladd, G.W., & Rudolph, K.D. (2013, April). Does positive peer context buffer prospective associations between early adolescent depressive symptoms and peer victimization? In N. Sugimura & K.D. Rudolph (Co-chairs), *Multi-level predictors of peer victimization: Integrating individual and contextual perspectives*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Field, R.D.*, Miller, C.F., **Kochel, K.P.**, Petersen, S.*, & Updegraff, K.A. (2013, April). *The interaction of expectations and efficacy in predicting frequency of other-gender interactions*. Poster presented at the Society for Research in Child Development, Seattle, WA.
- Sechler, C.*, Ladd, G.W., & **Kochel, K.P.** (2013, April). *Profiles of social withdrawal in late childhood: Consequences for academic engagement and achievement*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Miller, C. F., Gaertner, B., **Kochel, K. P.**, Martin, C. L., Fabes, F. A., Hanish, L. D., Updegraff, K. A., & Foster, S. A. (November, 2012). The Sanford Harmony Program: Promoting positive relationships between girls and boys. Invited address presented in A. Ryan (Organizer), *Peers, Classroom and School Dynamics*. International Video Conference on Peer Relations, Emanating from Concordia University, Montreal, Canada.

*Student co-author

Hanish, L. D., Martin, C. L., Fabes, R. A., Updegraff, K., Gaertner, B., Miller, C., **Kochel, K.**, Sallquist, J., & Foster, S. (2012, April). Bringing boys and girls together in the classroom: The Sanford Harmony Program. Paper presented in L. D. Hanish (Chair), *Gender in the classroom: Issues and answers*. Annual Meeting of the American Educational Research Association, Vancouver, Canada.

Martin, C. L., Fabes, R. A., Hanish, L., Updegraff, K., Miller, C., Gaertner, B., **Kochel, K.**, & Foster, S. (April, 2012). *The Sanford Harmony Program: Program description and preliminary findings*. Invited address presented at the Gender Development Research Conference, San Francisco, CA.

Miller, C. F., **Kochel, K. P.**, Petersen, S. M.*, & Updegraff, K. A. (2012, April). *Children's lay theories of gendered behaviors: Across-time associations with cognitive and social outcomes*. Poster presented at the Gender Development Research Conference, San Francisco, CA.

Kochel, K.P., Miller, C.F., Updegraff, K.A., Fabes, R., Martin, C.L., & Hanish, L.D (2012, March). *Fifth-graders' psychosocial adaptation as a function of gender typicality*. Poster presented at the Society for Research on Adolescence, Vancouver, Canada.

Miller, C.F., **Kochel, K.P.**, Updegraff, K.A., Fabes, R., Martin, C.L., & Hanish, L.D (2012, March). *Individual factors associated with fifth-graders' desire for other-sex interactions*. Poster presented at the Society for Research on Adolescence, Vancouver, Canada.

Bagwell, C.L., **Kochel, K.P.**, Hall, S.E., Newcomb, C.E., & Fils-Aime, L.D. (2012, March). *Challenges in interpersonal relationships for emerging adults with symptoms of ADHD*. Poster presented at the Society for Research on Adolescence, Vancouver, Canada.

Kochel, K.P., Sechler, C., Eggum, N.D., & Ladd, G.W. (2011, April). *Associations between depressive symptoms and peer victimization trajectories in preadolescence through early adolescence*. Poster presented at the Society for Research in Child Development, Montreal, Canada.

Kochel, K.P., Miller, C.F., Updegraff, K.A., Ladd, G.W., & Kochenderfer-Ladd, B.J. (2010, April). *Associations among fifth graders' gender atypical problem behaviors and peer relational maladjustment: A short-term longitudinal study*. Poster presented at the Gender Development Research Conference, San Francisco, CA.

Kochel, K.P., Ladd, G.W., & Rudolph, K.D. (2010, March). *Longitudinal associations among depressive symptoms, peer victimization, and peer acceptance: An interpersonal process view*. Poster presented at the meeting for the Society for Research on Adolescence, Philadelphia, PA.

Kochel, K.P., & Ladd, G.W. (2009, April). Peer victimization: A mediator of the relation between early peer rejection and later internalizing symptoms? In P. van Lier (Chair), *Mechanisms of influence of peer rejection on child and adolescent psychopathology: A process-oriented approach*. Paper presented at the meeting for the Society for Research in Child Development, Denver, CO.

*Student co-author

Kochel, K.P., & Ladd, G.W. (2008, March). Prospective relations between victimization, rejection and depression in early adolescence. In **K.P. Kochel** & G.W. Ladd (Co-chairs), *New directions in research on the ecology of adolescents' peer relationships*. Paper presented at the meeting for the Society for Research on Adolescence, Chicago, IL.

Kochel, K.P., McConnell, E.M., & Ladd, G.W. (2007, March). *Do negative peer relationships provoke other peer adversities?* Poster presented at the meeting for the Society for Research in Child Development, Boston, MA.

Bender, S., **Puccia, K.B.**, & Bagwell, C.L. (2004, March). *Symptoms of attention deficit hyperactivity disorder and conflict in romantic and best friend relationships*. Poster presented at the meeting for the Society for Research on Adolescence, Baltimore, MD.

Courses Taught

University of Richmond | Department of Psychology

PSYC 100: Introduction to Psychological Science Fall 2016, 2017; Spring 2017, 2018

PSYC 200: Methods and Analyses with Lab Fall 2014, 2015

PSYC 311: Child Development with Lab Fall 2013; Spring 2013, 2015, 2016, 2017, 2018

PSYC 361: Independent Research

1 student 2012 – 2013

3 students 2013 – 2014

6 students 2014 – 2015

10 students 2015 – 2016

12 students 2016 – 2017

5 students 2017 – 2018

PSYC 449: Social Bonds Fall 2016

PSYC 449: Peer Relationships Spring 2015

PSYC 491-92: Honors Thesis Supervision

Lauren Henry 2012 – 2013

Ph.D. in Clinical Psychology at Vanderbilt University (In progress)

Kelsea Starr 2013 – 2014

Ethan Wolf 2013 – 2014

Nil Horoz 2014 – 2015

Ph.D. in Clinical/Developmental Psychology at Vrije Universiteit (In progress)

Emma Gleckel 2016 – 2017

M.Ed. in Counseling at Boston University (Beginning Fall 2018)

Alex Strong 2016 – 2017

Shaun Lamm 2016 – 2017

M.S. in Counseling Psychology at San Diego State University (In progress)

Mariah Maki	2017 – 2018
M.Ed. in School Counseling at Plymouth State University (In progress)	
Meg Stomski	2017 – 2018
Dana Rafferty	2017 – 2018
J.D. at University of Richmond School of Law (In progress)	
<i>Arizona State University School of Social and Family Dynamics</i>	
FAS 390: Research Methods	Summer 2007

Professional Skills and Development

Statistics Proficiencies:

Intermediate statistics (e.g., ANOVA)
 Regression (e.g., multiple predictors, moderation)
 Analysis of multivariate data (e.g., factor analysis, MANOVA)
 Missing data analysis (e.g., assumptions, estimation, multiple imputation)
 Structural equation modeling (e.g., CFA, multigroup models, invariance)
 Advanced longitudinal methods (e.g., cross-lagged panel models, growth models)
 Mediation analysis (e.g., multiple, longitudinal)
 Latent class modeling (e.g., latent class analysis)
 Software – *Mplus*, SPSS

Pedagogical Training:

Inclusive Pedagogy Institute University of Richmond Associated Colleges of the South	August 6 – 7, 2018
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Service

Invited Talks:

<i>Promoting Emotional Health and Well-Being in Adolescents</i> University of Richmond School of Professional and Continuing Studies Graduate Education Speaker Series	2018
<i>Symptoms-Driven Models of Childhood Depression</i> University of Richmond Podcasts@Boatwright Faculty Author Series	2018
<i>A Developmental Perspective on Victimization and Depression</i> George Mason Univ. Spring Colloquia Series, Applied Developmental Psychology	2015
<i>What Do Kids Need to Succeed?</i> University of Richmond 10 th Anniversary Summit, Bonner Center for Civic Engagement	2014
<i>Childhood Peer Relationships</i> University of Richmond Urban Education Fellowship Program, Bonner Center for Civic Engagement	2014
<i>Bullying in Schools</i> University of Richmond Issues in Leadership Series for Chesterfield County Schools	2013
<i>Emerging Adulthood</i> University of Richmond Academic Advising Resource Center	2012

Academic Advising:

14 major advisees	2015 – 2016
12 major advisees	2016 – 2017
13 major advisees	2017 – 2018

University Committees:

President’s Advisory Committee for Making Excellence Inclusive	Spring 2017 – Ongoing
Thriving and Inclusion Metrics and Evaluation subcommittee (Co-Chair)	Fall 2018 – Ongoing
College of Arts & Sciences Curriculum Committee	Fall 2018 – Ongoing
Student Affairs Committee	Fall 2016 – Ongoing
Undergraduate Research Committee	Spring 2016
<i>Temporary reviewer of student Summer Fellowship proposals</i>	
Healthy Relationships Committee	2014 – 2015

Student Committees:

University of Richmond | Jepson School of Leadership Studies

Dana Rafferty, Thesis	April 2018
Emmy Morse, Thesis	April 2015

Arizona State University | School of Social and Family Dynamics

Idean Ettekal, Dissertation	April 2016
Kari Visconti, Dissertation	April 2013
Kari Visconti, Comprehensive Exam	Feb 2012
Casey Sechler, Master’s Thesis	Dec 2012
Kirsten Heller, Honors Thesis	April 2012

Community Service:

Panelist for All Staff Meeting University of Richmond Residence Life	October 2018
Social Prerequisites for Kindergarten Readiness Richmond, Virginia St. Stephen’s Preschool	January 2016
Bullying Prevention Staff Training Richmond, Virginia Big Brothers Big Sisters Services, Inc.	August 2016
Jepson Edge Institute Alumni Volunteer University of Richmond Jepson School of Leadership Studies	February 2016, 2017, 2018
Mentor for Katie Turner’s Senior Research Project Richmond, Virginia St. Catherine’s School	2015-2016

Ad Hoc Manuscript Reviewer:

- Aggressive Behavior
- Child Development
- Development and Psychopathology
- Developmental Psychology
- International Journal of Behavior Development
- Journal of Adolescence
- Journal of Adolescent Health
- Journal of Applied Developmental Psychology
- Journal of Clinical Child and Adolescent Psychology
- Journal of Early Adolescence
- Journal of Experimental Child Psychology

Journal of Research on Adolescence
Merrill-Palmer Quarterly
Sex Roles
Social Development

Society for Research in Child Development Biennial Meeting Submission Reviewer:

Panel 23: Peer Group Functioning	2010
Panel 19: Social Relationships	2014

Professional Affiliation

Society for Research in Child Development (SRCD)	2005 – Present
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